



Short Summary of Study

Oral health for gum health (Mysmile) study:

We are recruiting people aged 60 or over with a diagnosis of Early Alzheimer's disease or Mild Cognitive Impairment for a feasibility study running in Bristol and the surrounding areas, in which we will aim to improve the gum health.

If you agree to take part in the study your gum health and ability to remember things will be tested and samples of blood and saliva taken at the first appointment at the Brain Centre, Southmead Hospital, Bristol. We will ask you to bring a 'project partner', such as a friend/spouse/family member or carer, to this visit.

Eligible participants will be allocated to one of two groups at random (like tossing a coin).

- Group 1 will receive specialist treatment for their gum disease at a study dental practice (3-4 visits),
- Group 2 will be asked to continue with their normal dental care.

All participants will return to the Brain Centre after 6 and 12 months for repeat dental and memory assessments and blood and saliva donations. A final memory assessment will be undertaken (by video if this is possible, or in person) and after the study is complete those in group 2 will have the option to have the study specialist treatment for their gum disease.

If you are interested and/or have more questions please:

Contact:

Miss Nikki Hellin (study co-ordinator)

Email: nikki.hellin@bristol.ac.uk.

Tel: [07773 579130](tel:07773579130)

OR follow either of these links:

Click on this link for the
[Participant information sheet](#)

